

Teaching Problem Solving Skills Doris Young Professor of General Practice University of Melbourne











What are the ingredients of a 5 star doctor?

- Astute Diagnostician
- Up to date knowledge
- Good communicator
- Preventive health
- Appropriate use of health resources

Diagnostician

- Rapport with patient
- Active listening
- Identify problems
- Selective PE
- Appropriate investigations
- Rational prescribing

"HOW CAN I HELP.....?"



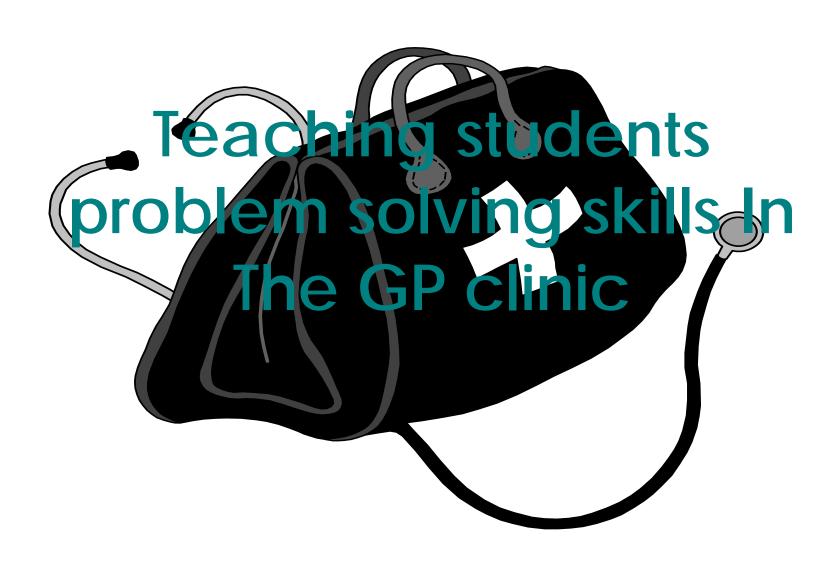
Diagnostic methods

- Inductive method (traditional)
 - full medical social history, presenting problems, review of systems checklist, then full physical examination, differential diagnoses, battery of tests (medical students or novice clinicians)
- Hypothetical-deductive method (current)
 - used by most practising experienced clinicians



Hypothetical deductive method

- A cycle loop of clinical reasoning
- initial hypotheses
- further questioning and physical examination to confirm (not confirm) our hypotheses?
- modify our hypotheses based on further history and PE and tests etc....
- We rarely do a complete history and PE using a checklist except in workplace/ medical insurance examination





Murtagh's diagnostic criteria

- Probability diagnosis
- Epidemiological diagnosis
- What serious illness that must not be missed?
- Exclude common masquerades
 Anaemia, diabetes, depression, thyroid,
 musculo-skeletal,drugs
- Why is the patient here today?



Modeling Problem solving

- Thinking out loud about the patient
- Reviewing diagnostic hunches and consider the pros and cons of each
- Providing rationale for a diagnostic or treatment decision



Choose appropriate cases for novice learners

50 year old man with headache

35 year old woman presents with tiredness (Murtagh)

4 year old with cough

80 year old with chest pain

18 year old with shortness of breath

10 year old with fever



Case study 1

20 year old student presents with 2 days of sore throat

- What are your initial hypotheses?justify?
- What further history would you need? Why?
- What are your hypotheses now? Why?
- What relevant physical examination would to do to support, not support your hypotheses? Why?
- Give me a problem list
- What investigations would you order?
- What treatment would you provide?



Questions which help students to solve problems

- What do you think is going on with the patient?
- What other information do you think is needed?
- Why do you think the patient has been non-compliant?
- What were the major finding that led you to the conclusion?
- What else do you consider?



Do's

- Do involve them
- Do encourage them
- Do keep them busy
- Do challenge them
- Do make their placement a positive experience



Don'ts

- Don't make them a wall flower
- Don't bore them
- Don't humiliate them
- Don't complain to them about family practice
- Don't expect them all to love family practice



'I hear and I forget.

I see and I remember.

I do and I understand.'

(confucius)